established by the

# Orienteering Foundation



- Why NRG, remit and membership
- Methodology
- Club website survey
- Mystery visits
- Good practice
- Self-audit checklist
- Recommendations



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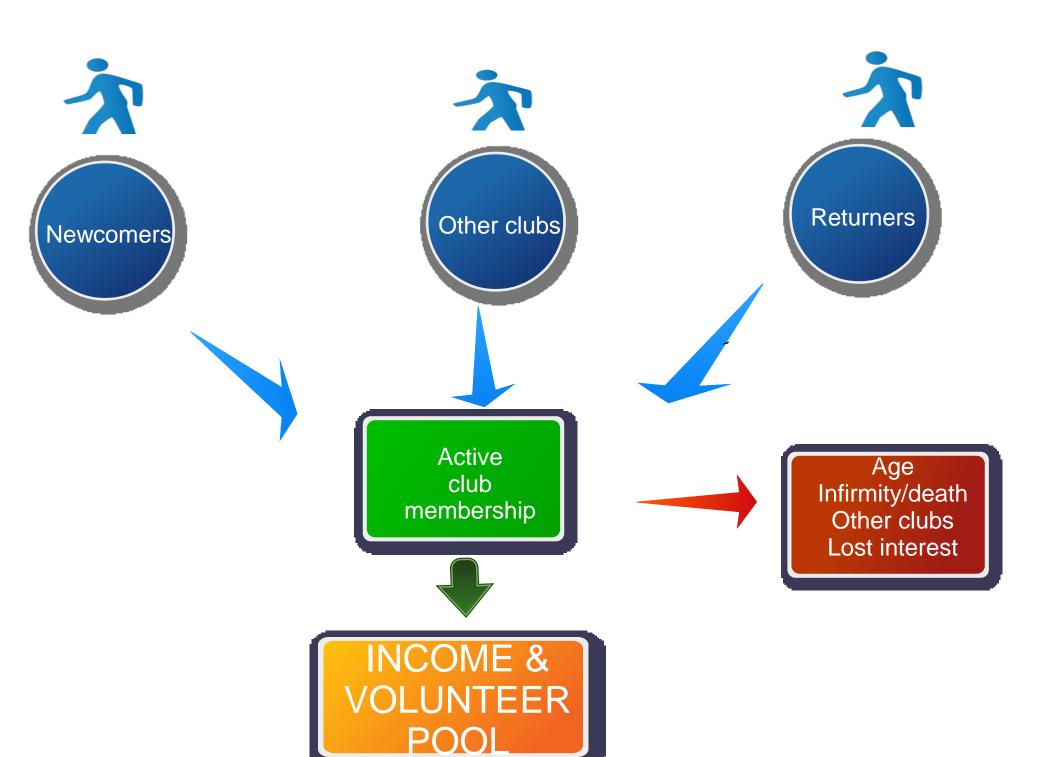














#### Remit

- Define "orienteering newcomer", and define and research the current retention rate
- Define "regular participants", and research and quantify reasons why newcomers do not become regular participants
- Identify and document examples of good practice in dealing with newcomers
- Make recommendations designed to improve retention of orienteering newcomers
- If appropriate, identify follow-up work that could be considered
- Produce a written report on the group's work and conclusions



#### Membership

Neil Cameron NGOC Chair

Mairi Eades Interlopers/EUOC

Jon Eaton WCOC

lan Gamlen COBOC/HOC

Kay Hawke PFO

Ingebjørg Holmedal OROX

Carol Iddles BOK

Bertie Kingsley OROX (until Sep 2021)



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## NRG Methodology



- Seek input from the orienteering community
- Discuss remit
- Exchange knowledge within the group
- Resulted in:
  - Website surveys
  - Mystery visits
  - Club self-audit checklist
  - Good Practice list
  - Recommendations



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## What was surveyed?



#### Newcomer/beginner section only

- Exists? / Easy to find? / Visual appeal?
- Concept of O / Ages? / Run or walk?
- Equipment? / Clothing?
- Map basics?
- Future event info?
- POCs and VOCs?
- Photos? Videos? Map extracts?
- Contact name or email?
- Adventure/challenge/excitement/enjoyment?

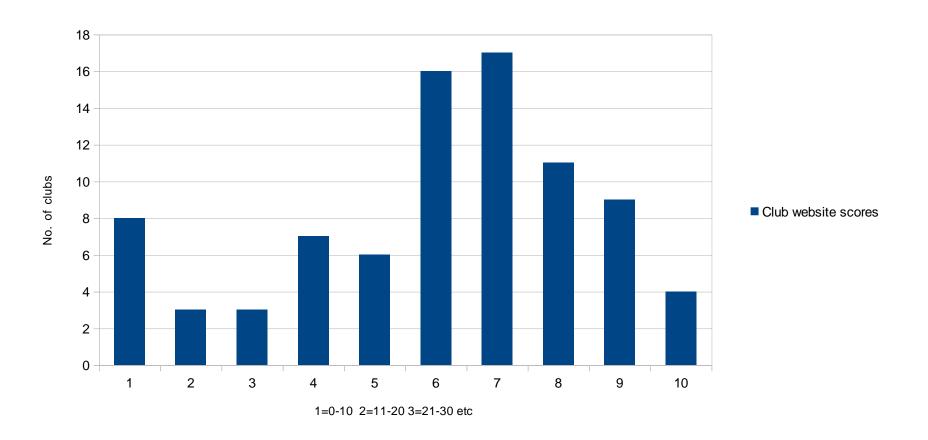
## Club website survey results



- Websites of 84 open clubs
- Average rating 56
- Median rating 60
- 3 clubs rated
- 1 club rated 100

## Distribution of ratings





# Typical reasons for low scores



- No newcomer section
- Newcomer section poorly labelled and/or difficult to find
- No map extracts, ideally with a few legs shown with explanations [fundamental to understanding O concept?]
- Relevant section(s) not linked to from Newcomer section
- No explanation of why section being linked to





Most reasons for low scores (or less than 80+)

can be easily fixed

## Website suggestions



#### Beginner/newcomer sections should be:

- identified as such very clearly
- highly visible on and easily accessible from the home page

#### Sections important for beginners should be:

- linked to from within the beginner section (and not just assumed that beginners will know to look at them)
- where relevant, the reason for linking should also be explained

# Sample text for beginners re POCs & VOCs



Permanent Orienteering Courses (POCs) and Virtual Orienteering Courses (VOCs) are a very valuable resource for all orienteers but especially for beginners, because you can:

- do them on whatever day and at whatever time that suits you
- use them to fill in periods between local more formal events
- practise techniques without the pressure of competition
- modify the course(s) available (eg run in reverse or do odd numbers and then even) or use them to practise specific techniques
- re-run a leg to compare times and see if lessons learned have generated an improvement.

You'll find local POCs on our POC page here

# Sample text for event info and beginners



You can find the most up-to-date list of events run by our club here and you should also consult the British Orienteering fixture list here, as other clubs may be running events that you could attend



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# Mystery visits



- Sport England sponsored, partnered with British Orienteering
- Carried out by Right Directions at 3 "newcomer friendly" events
- Beginner attends an event and produces a detailed report on findings for club, British Orienteering and Orienteering Foundation

## Key findings



- 3 events at 3 clubs (out of 84 open clubs)
- Can't draw too many lessons

#### but

- All 3 welcomed visitors with positive enthusiasm to help
- Visitors commented favourably on wide age range of participants

#### although

None of the 3 clubs contacted the beginner afterwards



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# Good practice - selected examples



- Display a poster with some orienteering basics at events to reduce volunteer time in explaining the sport and enhance understanding
- Ensure that outgoing and knowledgeable people are allocated to dealing with beginners at events - setting a welcoming tone and trying to ensure that first experiences were positive.
- Have flyers available at events with details of upcoming events and the club's social media details to try to build on any beginner's event involvement
- Have POC/VOC info available and draw beginner's attention to it and why it's relevant [free POC maps?]
- Have clear follow-up plan to offer a beginner after they finish their first event (likely to involve POCs)

# A reviewing approach



- Imagine the ideal beginner experience
  - How would you want them to feel as they arrive?
  - What might their motivations be?
  - How will you adapt what they experience to match their likely expectations?
  - Why might they need help & how will they get it?
  - How would you want them to feel as they finish and leave?
  - How can you get feedback and encourage further participation?

#### Review structure



#### 5 sections

- Before beginner attends an event
- At the event but before the run
- At the event but after the run
- After the event
- Structural considerations

# Sample Questions



#### "Before the event"

 Does the club website beginner section excite and enthuse a beginner with no jargon, and liberal use of photos, map segments, and videos (or links to these)?

#### "At the event, before the run"

- Has the whole club been encouraged to interact positively with beginners when the opportunity arises?
- If you have the capacity, have you considered a welcome team or person whose role is to identify and welcome beginners?

#### "At the event, after the run"

 Will someone remind the beginner about future events and supply information on relevant POCs and VOCs? This can include giving out free POC or VOC maps to eliminate a hurdle to trying again



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#### Selected recommendations



Mostly covered already, and all in the report One not mentioned - Entry On the Day

#### **REASONS FOR NO EOD**

- Know map numbers better
- Reduced on-the-day volunteer effort
- Can use online entry to direct beginner to introductory material

#### **REASONS AGAINST NO EOD**

- Will beginners commit?
- Difficult entry systems?

Easy to follow-up with beginner



## Thank you for your attention!